



# MARCH | 2018

## Sand Creek 6-12 Jr/Sr High School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<b>1</b> Tacos 16g Beef or Chicken Corn 16g WG Muffin 19g Mixed Fruit	<b>2</b> 16g Chicken Tenders or Mini Corn Dogs 16g Fish Nuggets Mixed Vegetables WG Dinner Roll 19g Pears 20g
<b>5</b> Chicken or 36g Cheeseburger 15g Waffle Fries 19g Apricots 19g	<b>6</b> Meatball Gravy 21g W/ Mashed Potatoes WG Dinner Roll 19g Tropical Fruit 15g	<b>7</b> Calzone or 36g Stuffed Crust Pizza Salad Bar Cookie Peach Cup	<b>8</b> Taco Salad 18g Chicken or Beef Corn 16g Banana Bread 44g Applesauce 19g	<b>9</b> Chicken Fries 8g or Mini Corn Dogs 16g Fish Nuggets Peas WG Muffin 19g Mandarin oranges 20g
<b>12</b> 36g Chicken or Pork Barbecue Cheesy Potatoes 39g Mixed Fruit	<b>13</b> 36 G (3) French Toast Sticks Sausage Links Hash Brown 15g Peaches 10g	<b>14</b> 40g -32g Egg Rolls or Mozzarella Sticks California Blend Veg. Banana Loaf Pears 20g	<b>15</b> Nachos W/ Meat 33g Beans /Cheese Corn 16g WG Muffin 19g Tropical Fruit 15g	<b>16</b> 34-42g Domino's Pizza Salad Bar Fruit Juice Ice Cream Cup 19g
<b>19</b> Spicy Chicken or 36g Cheeseburger 15g Curly Fries 15g Applesauce 19g	<b>20</b> Ravioli or 32g Beef Stew 21g Grilled Cheese 28g Carrots Pineapple 20g	<b>21</b> 34g Bosco Pizza or Stuffed Crust Pizza Salad Bar Rice Krispie Bar 34g Fruit Juice 16g	<b>22</b> 20g-46g Crispito or Burrito W/Cheese Sauce Peas WG Muffin 19g Mandarin oranges	<b>23</b> Mini Sub 34g Turkey, Ham, Combo Baked Beans 30g Chips 19g Fruit Cup
<b>26</b> 25g Hot Dog or Sausage Dog Cheesy Potatoes 39g Apricots 19g	<b>27</b> 43g Bosco Sticks or Cheesy Bread 33g Green Beans Applesauce 19g	<b>28</b> 34g French Bread Pizza or Stuffed Crust Salad Bar Baked Cookie 20g Fruit Juice 16g	<b>29</b> ½ Day Breakfast Only	<b>30</b> Spring Break

### News

Fresh Fruit Served Daily: Apples, Grapes Oranges, Pears, Plums, Kiwi, Nectarines

1 % White Milk  
Nonfat Chocolate, Strawberry,  
Vanilla  
Served Daily

Salad bar included with full lunch:  
Romaine Lettuce, Broccoli,  
Spinach, Carrots, Tomatoes, Celery,  
Cucumbers, Red/Green Peppers,  
and Cauliflower.

Uncrustables are available as a lunch choice.

Must take ½ cup fruit or vegetable!

Our menus are whole grain rich!

USDA is an equal opportunity provider and employer

Lunch Prices:  
\$2.50 Full Pay  
Reduced \$.40