



JANUARY | 2018

Sand Creek 6-12 Jr/Sr High School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 No School	2 No School	3 34g Bosco Pizza/ Stuffed Crust Pizza Salad Bar Fruit Juice 16g Donut Star 17g	4 33g Nachos w/ Meat/ Beans/ Cheese Corn 16g WG Muffin 19g Mixed Fruit	5 12g Popcorn Chicken or Mini Corn Dogs 16g WG Dinner Roll 19g Tropical Fruit 15g
8 Hot Dog or 25g Sausage Dog Fries or Tots 15g Applesauce 19g	9 Ravioli or Beef Stew 21g Grilled Cheese 28g Peas Pears 20g	10 36g-34g Calzone or Stuffed Crust Pizza Salad Bar Cookie Treat Fruit Juice 16g	11 20g-46g Crispito or Burrito w/Cheese Sauce Corn 16g Banana Bread 44g Mandarin Oranges	12 16g Chicken Tenders or Mini Corn Dogs WG Dinner Roll 19g Pineapple 20g
15 No School Teacher Inservice	16 Turkey Gravy w/ Mashed Potatoes 12g WG Muffin 19g Peaches 10g	17 41-34g Fiestada or Stuffed Crust Pizza Salad Bar WG Cookie 20g Fruit Juice 16g	18 ½ Day Breakfast Only	19 ½ Day Breakfast Only
22 36-15g Chicken or Cheeseburger Cheesy Potatoes 39g Apricots 19g	23 36g French Toast Sticks Sausage Links Hash Brown 15g Mandarin Oranges 20g	24 40-32g Egg Rolls or Mozzarella Sticks Mixed Vegetables WG Chocolate Bread Pears 20g	25 16g Tacos Beef or Chicken Carrots WG Muffin 19g Applesauce 19g	26 34-42g Domino's Pizza Salad Bar Fruit Cup Pudding Pie
29 Pork Barbecue or Chicken Sandwich 15g Cheesy Potatoes 36g Pineapple	30 32g Mac & Cheese or Beef Stew 21g Green Beans Mini Bosco Applesauce Cup	31 34g French Bread or Stuffed Crust Pizza Salad Bar Rice Krispie Bar 16g Fruit Juice 16g	USDA is an Equal Opportunity Employer and Provider	Menu is subject to change due to availability of items

News

Fresh Fruit Served Daily: Apples, Grapes, Oranges, Pears, Plums, Kiwi, Nectarines

1 % White Milk
Nonfat Chocolate, Strawberry,
Vanilla
Served Daily

Salad bar included with full lunch:
Romaine Lettuce, Broccoli,
Spinach, Carrots, Tomatoes, Celery,
Cucumbers, Red/Green Peppers,
and Cauliflower.

Uncrustables are available as a lunch
choice.

Must take ½ cup fruit or vegetable!

Our menus are whole grain rich!

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Lunch Prices:
\$2.50 Full Pay
Reduced \$.40